



Carers Week 6-13 June 2022

Carers Week is an annual event to raise awareness of caring. The theme of the week this year is **'Make caring visible, valued and supported.'**

Carers week is our opportunity to say thank you to all unpaid and family carers in Shropshire, we do recognise and appreciate the valuable support you provide to others.

Shropshire Carers Support team are excited to share this year's [Carers Week Events Programme](#) with you. This year we have extended the activities over a 2-week period (6 – 19 June 2022) to try and reach as many carers as possible, activities are a blended mix of outdoor and virtual options – whether you want to come along to the activities or join them from home we hope you will find something for **you** and look forward to meeting you during the 2-week period.

To book a place on any of the activities, please email shropshire.carers@shropshire.gov.uk or telephone **01743 341995**. If you have transport difficulties to any of the activities, please advise when booking.

Competition Time

We hope you'll join in the **competition** – deadline for entries is **Monday 13th June 2022** – check the programme for details!

Two lucky winners will each receive a Beauty/Massage Voucher (value £35), and runner up to receive small goody bag (value £10) courtesy of Gemini Hair, Beauty & Wig Consultancy based in Wem, North Shropshire. To enter the competition please describe **'What has made you feel visible and valued as a carer'**. Email your entries by Monday 13th June 2022 to shropshire.carers@shropshire.gov.uk