## **Repeat Prescription Requests**

You can request a repeat prescription by the following methods:

- Via the Practice website you need to register for Online Access. To do this you need to complete a registration form.
- Using your repeat prescription slip and checking the appropriate medication
- By filling out a prescription request form at the surgery—please ensure all relevant details are given and that the form is signed

Please be aware that you will need to give AT LEAST 48 WORKING HOURS for your prescription to be signed by a clinician once requested

Your prescription can then be collected from the surgery or from the chemist\*

Prescription requests CANNOT be taken over the telephone this is surgery policy and all efforts must be made to provide a written request to ensure your medication is issued promptly

\*please ask at the chemist or surgery regarding electronic prescriptions, our EPS system is a quick and easy way of ensuring your medication reaches the pharmacy in a hassle free manner and helps reduce our paper footprint



### Think twice

Think twice before asking your GP to prescribe over-the-counter medicines such as for common ailments.

Shropshire practices spend £1.3M on medicines which are easily available to purchase from your local pharmacy or supermarkets.

- •All of these medicines are widely available from supermarkets and pharmacies at reasonable cost.
- •Many of these treatments are more expensive when prescribed on the NHS compared to when they are purchased in pharmacies or supermarkets e.g. paracetamol is approximately 4x more expensive on prescription.

NHS Shropshire CCG does not support the routine prescribing of medication that is available to buy from local pharmacies or supermarkets for children or adults.

The medications listed below are examples of medicines that should be purchased over the counter

- Paracetamol, Ibuprofen, Calpol
- •Gaviscon, Peptac liquid
- •Senna, Immodium, Dioralyte
- •Cough/Cold remedies & lozenges
- •Piriton, Beconase, antihistamines
- Head lice lotions
- Tonics and Multi-vitamins
- Lactose free weaning milks
- Wart and verruca treatments
- Moisturising creams for undiagnosed dry skin
- Medicated shampoos
- •Haemorrhoidal creams
- Antifungal creams/treatments

Please ask or see reception for full list

#### **NHS Prescription Charge**

The NHS prescription charge is:

£8.80

for each item dispensed from 1st April 2018

Some items may have more than one charge, e.g. elastic hosiery; a member of the dispensary team will explain this if this is the case.

The NHS prescription charge is a contribution to the NHS; it is not a payment to the surgery or it's dispensary and it is not related to the cost of your medicine(s).

If you're on a low income, you may be eligible to receive financial help through the NHS Low Income Scheme.

You can get free NHS prescriptions if, at the time the prescription is dispensed, you:

are 60 or over

are under 16

are 16-18 and in full-time education

are pregnant or have had a baby in the previous 12 months and have a valid maternity exemption certificate (MatEx)

have a specified medical condition and have a valid medical exemption certificate (MedEx)

have a continuing physical disability that prevents you going out without help from another person and have a valid MedEx

hold a valid war pension exemption certificate and the prescription is for your accepted disability

are an NHS inpatient.

Find out more about the NHS Low Income Scheme (LIS) by visiting: https://www.nhs.uk/NHSEngland/Healthcosts/.

## Prescription Prepayment Certificate

If you need 4 or more prescriptions in three months or 13 or more prescriptions a year you could save money with a Prescription Prepayment certificate (PPC).

Your PPC will be valid from the date you buy it, unless you ask for a different start date. The start date can be up to one month earlier or one month later than the date you buy it.

If you're buying a 12-month PPC, you can pay over 10 months by direct debit. This will help you to spread the cost.

#### How to buy a Prescription Prepayment Certificate

**by phone** – call 0300 330 1341, and pay by debit or credit card or set up a monthly direct debit

**Online**—https://apps.nhsbsa.nhs.uk/ppcwebsales/patient.do

Visit NHS Choices website for more information.

Remember to apply for a new PPC in good time, otherwise you'll have to pay full prescription charges if it runs out.

If you have to pay for prescriptions while you're waiting for a new PPC and need to apply for a refund, ask the pharmacist for a refund and receipt form (FP57) so you can claim back the costs.



# Broseley Medical Practice A Patient Guide to Prescriptions

